

OUR DONORS INSPIRE REMARKABLE MOMENTS



Queensway Carleton
Hospital Foundation

2021-2022

DONOR IMPACT REPORT

HOPE.

\$5.8 MILLION* RAISED!

For more than two years we have been up against some seemingly insurmountable obstacles and faced extraordinary challenges. The COVID-19 pandemic has tested our strength and resiliency, but today there is a renewed sense of hope that we have made it through the most difficult of moments, and now it's time to look to the future.

Thanks to the generosity of our long-standing donors, new supporters, corporate partners and businesses, community groups, schools, and many more organizations and clubs, QCH Foundation recorded strong fundraising results to close out our fiscal year on March 31, 2022. With tremendous support from the community and our QCH family, we raised more than \$5.8 million*. These results punctuate a five-year trend of consistently raising \$5 million for Queensway Carleton Hospital. Through the pandemic, our community has continued to rally around our beloved hospital, showing immense gratitude to the team for their herculean efforts.

Even though we were focused on navigating the ever-changing world of COVID-19, we realized some remarkable moments that should be noted, and celebrated. Together, with our donors, we distributed more than \$4.6M to QCH to assist with the purchase of vital equipment and upgrades to the surgical suites, along with other top hospital priorities.

It is with immense gratitude that we thank our community of donors for their unwavering support. Your kindness and compassion continues to be a shining light and beacon of hope for the QCH team. By working together, we are championing local healthcare and ensuring our loved ones have access to world-class care, close to home.

With gratitude,



Shannon Gorman

Shannon Gorman
President and CEO, QCH Foundation



Ronald Richardson

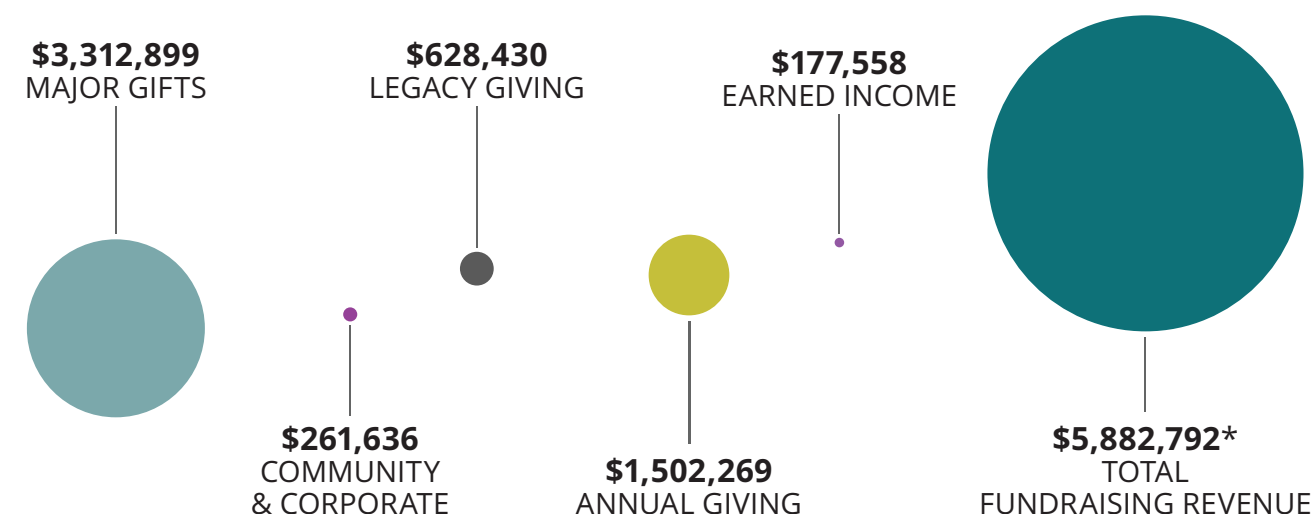
Ronald Richardson
Board Chair, QCH Foundation

P.S. To read the full QCH Foundation Donor Impact Report, please visit qchfoundation.ca/Report.

*Includes earned income, but excludes parking revenues.



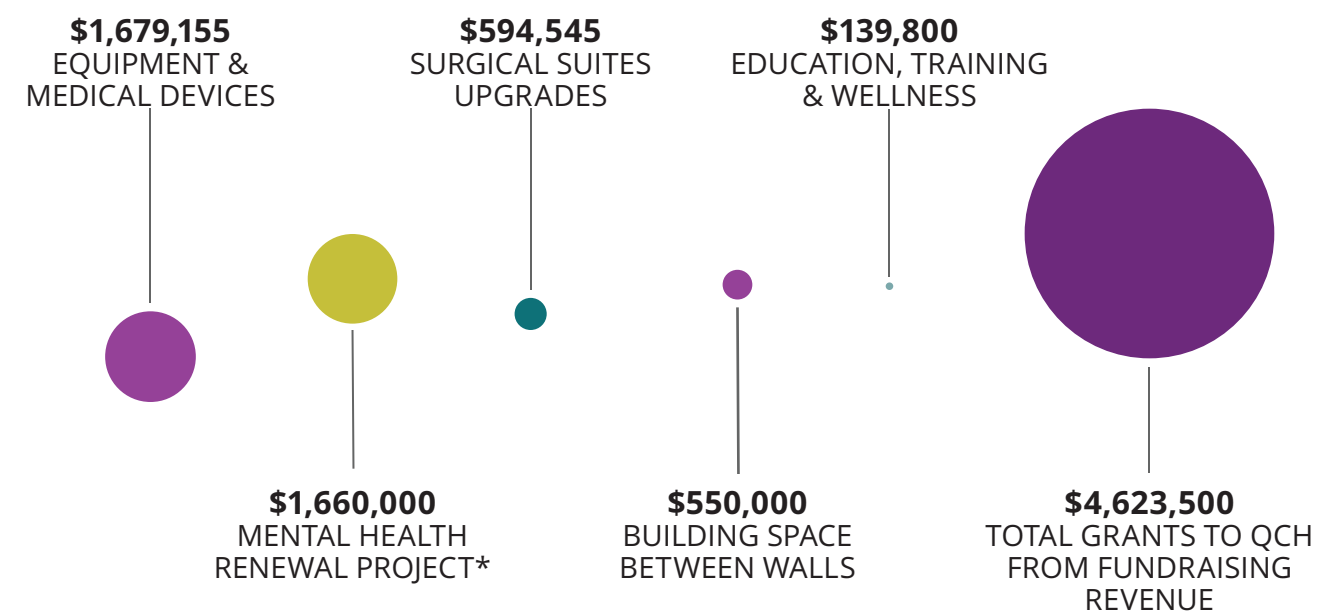
FY 2021-2022 FUNDRAISING PROGRAM REVENUE



*Includes earned income, but excludes parking revenues.

QCH Foundation audited financial statements are available online at qchfoundation.ca/report.

FY2021-2022 GRANT DISBURSEMENTS TO QCH



*Disbursements are ongoing with expenses transferred as incurred.

OUR FOUNDATION BOARD OF DIRECTORS

*Board members who are also Ambassadors

Ronald Richardson, P.Eng., ICD.D, Board Chair | Corporate Director, Calian Group Ltd.*

Fred Seller, Vice Chair | Partner, Brazeau Seller Law*

Doug Hewson, Treasurer | Managing Partner, Caribbean Basin, Ottawa, Portland Private Equity*

Amy MacLeod, Secretary | Vice President, Corporate Communications, MDA

Alan Doak | Principle, Proveras Commercial Realty*

Dr. Andrew Falconer | President and CEO, Queensway Carleton Hospital

Shannon Gorman, CFRE, MBA | President and CEO, Queensway Carleton Hospital Foundation

Ed Herweyer | Vice President, Annis O'Sullivan Vollebakk*

Mischa Kaplan | Director, People and Culture, Cystic Fibrosis Canada

Ryan Kelahear | Manager, Business Development, Colliers Project Leaders*

Cal Kirkpatrick | President, Colonnade Development*

Dr. Ruchi Murthy, Medical Staff Appointment | Infectious Disease Physician, Queensway Carleton Hospital

Chad Schella | Board of Directors Appointment, Queensway Carleton Hospital

Wynand Stassen | CFO, HammerTech

Shaina Watt | Senior Manager, Assurance, Hendry Warren LLP

Benson Wong | Community Volunteer

Janet Yale, ICD.D | Community Volunteer

QCH FOUNDATION AMBASSADORS

Our QCH Ambassadors reaffirmed their commitment to raising vital funds for QCH Foundation. This impressive group of philanthropists donate their time and efforts to QCH and help introduce members of the community to the life-saving care the hospital team provides to our region.

Alan Whitten, Chair | President, Huntington Properties

Cal Kirkpatrick, Vice-Chair | President, Colonnade Development

Stephan Abraham | Community Member

Mark Bonneau | General Manager, Barrhaven Ford

Dave Cimpello | Senior Wealth Advisor, BMO Nesbitt Burns

Nishith Goel | Founder, Cistel Technology

Ivan Milev | Business Development Associate, ScotiaMcLeod

Patrick Shanahan | Senior Employee Benefits Consultant, ProCorp Financial Group

Jennifer Spallin | Associate Portfolio Manager, MD Financial Management

Karen Sparks | Director, Wesley Clover Parks

Dinaker Vaidya | Financial Advisor, EdwardJones

Josh Zaret | President, Gemstone Corporation



WE ARE QCH STRONG!

Team QCH has worked tirelessly on the frontlines through the pandemic. They have missed vacations and taken on extra work when times were incredibly difficult. And, through it all they have demonstrated exceptional skill, compassion and resilience and I am truly in awe of what we have accomplished together.

QCH is one of the first hospitals in Canada to offer Health Records on iPhones, providing patients with easy access to their health information. Health Records on iPhone was designed to protect patients' privacy through a direct, encrypted connection between the user's device and the healthcare organization.

Operating Rooms (OR) that ran at 40% capacity while under Directive 2 during the pandemic, are ramping up to help address the backlog of surgical procedures postponed over the last two years. In addition, this Summer, all OR's at QCH are being upgraded with 4K technology.

Every day, I hear stories from the community about how grateful they are for the care they receive at QCH and the dedication and commitment of our staff. Our amazing team has faced extremely difficult challenges this year and their strength is an inspiration to us all.

With my deepest appreciation,

Dr. Andrew Falconer
President and CEO
Queensway Carleton Hospital

QCH CARE BY THE NUMBERS

Emergency Visits

80,045

Day Surgery Cases

16,004

Surgical Inpatients

2,814

Medical Inpatients

5,641

Mental Health Patients

12,686

Rehabilitation Outpatient Visits

16,845

Rehabilitation Inpatients

610

Births

2,473

Clinic & Day Program Visits

86,846

Diagnostic Imaging Tests

138,382

Cardiopulmonary Procedures

59,836

Total COVID Patient Days

12,059

Moodie Centre # Tests/Visits

78,945

COVID Vaccine Clinic #Vaccinations

11,035



ADDRESSING HALLWAY MEDICINE

Lianne Learmonth,
Clinical Director for the
QCH Medicine Unit.

“

The team definitely feels the pressure when there is someone on a stretcher who is ill and in desperate need of a bed,” she explains. “This new space is absolutely beautiful with every spare inch used perfectly. It’s inspiring to see what has been accomplished and how important the space is for the hospital and our community.

”

Re-imagining Hospital Footprint to Support 15 New Bed Bays

It’s being seen as a ray of sunshine after nearly two years of progressively more difficult days. With the hospital operating at or above capacity on an ongoing basis, QCH has transformed space inside the hospital (known as B2) to build a comfortable, fully-equipped area for 15 bed bays.

Located close to the busy Emergency Department, Diagnostic Imaging Department and Operating Rooms to improve patient flow for fast, efficient, and integrated care, the new patient bed bays are fully equipped with ceiling lifts and a medication room.

QCH has one of the busiest Emergency Departments in the city, some patients admitted to hospital have had to wait for hours on a stretcher in the hallway until a bed was available.

“Anyone who has had to be on a stretcher for any longer than a few hours knows all too well that it’s not a private or comfortable place to be, especially when you are not feeling well,” explains Tammy. “To get our patients off the stretcher and into a hospital bed is critical.”

Lianne Learmonth, Clinical Director for the Medicine Unit, said the new beds are designed for patients who need to be treated and monitored, but for a shorter period of time, and then be in a position to return home.



Queensway Carleton Hospital Foundation

7

Reflecting on a Lifetime of Giving

For those who have walked past The Shirley E. Greenberg Breast Imaging Suite the name on the wall is synonymous with strength, courage and determination. It is in honour of a community leader who influenced countless lives with her generosity and kindness.

In 2013, through Shirley’s \$1 million donation to the Queensway Carleton Hospital Foundation, the hospital opened The Shirley E. Greenberg Breast Imaging Suite. The breast imaging suite was a game-changer, providing a safe and comfortable space for screening and care. Over the last nine years thousands of women have walked through the doors and had their lives saved.

Shirley was a trailblazer in almost everything she did, from opening Ottawa’s first all-women law firm to establishing resources supporting women’s health, she was an unstoppable force. Whether striving for equality, fighting inequities in divorce and family law, donating to cancer research or adding her voice to theatre and the arts, there was no area of Ottawa Shirley didn’t touch.

Her giving and unwavering support of QCH began back in the 1980s, with her husband Irving. Irving chaired QCH’s \$5 million fundraising campaign that was part of a \$33 million expansion project to realize and additional 160 acute care beds for the hospital.

In 2008, after Irving passed, the family generously donated \$9 million to QCH Foundation in support of the Irving Greenberg Family Cancer Centre, allowing patients to receive care closer to their homes in Ottawa’s west end.

In December 2021, just months before her passing on May 25, 2022, Shirley quietly donated more than \$1 million to QCH Foundation in support of the hospital’s key priorities. Her kindness will live on through the many “big and little miracles” she blessed our city with.

“She was quite literally a city builder,” wrote Shirley’s lifelong friend, Maureen McTeer, in a recent Ottawa Citizen article. “Her memory will continue to serve as an inspiration for what’s possible when you combine courage, fierce determination and a deep commitment to creating a better, stronger community for all.”



Shirley E. Greenberg
1931-2022



Members of the Diagnostic Imaging Team pay tribute to Shirley’s legacy.

BUILDING FOR THE FUTURE



*QCH President and CEO,
Dr. Andrew Falconer
with QCH Foundation
President and CEO,
Shannon Gorman and
Biomedical Engineering
and Asset Management
Manager, Dana Andersen.*

QCH Operating Rooms Updated with Leading Technology

Industry leading technology—the first of its kind in Ottawa—is being installed in all of the Operating Rooms at Queensway Carleton Hospital (QCH). The surgical suites are getting the VIP treatment, upgraded with the latest smart software and hardware, all made possible thanks to the incredible generosity of donors to QCH Foundation. These advancements are putting 4K technology into the hands of the QCH physicians and surgical teams, translating into huge benefits for patients and their families.

“Imagine you have a High-Definition (HD) TV at home, and you replace it with a new 4K model. Right away, you will notice a huge difference in the resolution and clarity,” explains Dr. Joel Weaver, General Surgeon, QCH. “From a surgical perspective, embracing this type of leading technology means our physicians will be able to see four times more on their surgical screens and sixty-four times more colour than HD.”



Dr. Joel Weaver, General Surgeon, QCH.

The enhanced visibility on screen, with a crisper and sharper picture, allows physicians to make even more accurate diagnoses and more precise cuts, which will lead to better health outcomes for patients.

The upgrades also mean more collaboration as surgeons can consult with colleagues in real-time by sharing images within a secure hospital network, right from the operating room. And the standardization of the devices in all ORs provides improved efficiency and consistency within the surgical program.

Along with the impressive scope of this \$2.5 Million project is the thoughtful consideration and collaboration that went into the planning, all of which was done during the pandemic.

“With these upgrades, we are not only at the forefront of surgical technology now, but we are well-positioned



*Ryan Norris, Biomedical Technologist
at QCH.*

for years to come,” explains Dana Andersen, Manager Biomedical Engineering and Asset Management at QCH. “As the technology evolves, we will be able to incorporate it into each smart suite, and that’s transformational.”

The QCH Foundation has raised \$1.5 Million for this revolutionary project, but we need your help to raise the remaining funds. Please visit qchfoundation.ca to become a donor and support world-class care close to home.

INVESTING IN LIFE-SAVING EQUIPMENT AND TECHNOLOGY



Renee Hawkins, Day Stay and ED RN, sets up an electronic vital signs monitor.

The medical equipment we need right now is more important than ever before. Investing in upgrades to modern technologies will help us save lives, detect health concerns early, fight disease and provide preventative care.

Many people don't know that government funding does not cover the costs for the purchase of life-saving medical equipment. In fact, hospitals rely on corporate donations and the community to support the purchase of innovative new devices and to replace outdated and aging equipment.

With the generosity of our donors, in 2021-2022 the QCH Foundation assisted with the purchase of these devices and many more - to put the latest tools into the hands of the medical experts at QCH.

CARDIAC MONITORING SYSTEM

Centralized monitoring is a computerized system that allows vital signs information from each patient's monitor — measuring heart rate, heart rhythm, blood pressure, body temperature, respiration, pulse oximetry and more — to be seen and assessed at a central nursing station in each unit. Serious problems, such as a heart attack, can be seen immediately so staff can act quickly with life-saving interventions.

AUTOMATED DISPENSING CABINETS

Automated dispensing cabinets are secure, computerized cabinets that store, dispense and track medications. With a medication and dosage library, an inventory tracking system, barcode scanners, medication label printers and links to the electronic health record, they are the best technology for medication management.



Chelsea Gray, RN, QCH Special Care Nursery with the new infant incubators purchased through donor support.

INFANT INCUBATOR

Infant Incubators are devices that provide a safe and controlled space for babies, who were born prematurely or with health concerns, to live while their vital organs are growing and developing. The medical team can adjust the temperature and oxygen levels inside the incubator and control everything from humidity, light and noises to protect our smallest patients from harm. Leveraging new technology, the incubator also tracks and records the baby's vital signs, ensuring doctors and nurses have the very latest information on a baby's health status.

NEONATAL INFUSION DEVICES

Neonatal Infusion Pumps are devices designed for the treatment and care of our youngest patients. They work to ensure the safe and controlled delivery of fluids — nutrients and medications — into the tiniest of bodies.



Regine Charron-Finley, Registered Nurse in the Childbirth Program, with a neonatal next-gen syringe pump.

MILITARY VETERAN BATTLES LIFE-THREATENING COVID VIRUS



Kyle Keffer Grateful to the QCH Medical Team that Saved His Life

When Kyle Keffer was rushed to the Queensway Carleton Hospital (QCH) Emergency Department last May, suffering from severe COVID-19 symptoms, doctors gave him a 50 percent chance of surviving the virus.

"I had been suffering for two weeks trying to fight it off, but I wasn't getting any better, wasn't eating, and that's when my spouse, Joanne, called 9-1-1," explains an emotional Kyle as he recalls the harrowing near-death experience. "I can vaguely remember doctors telling me my blood oxygen level was 42 percent and that they needed to intubate me or I wasn't going to make it."

That was on May 4th and the last thing Kyle remembers before being intubated and placed in a medically induced coma on life support for seven days.

"By the time I got to the hospital my health had deteriorated significantly. I was in critical condition and the doctors didn't know if I was going to pull through," shares Kyle. "This was all happening so fast and my family was left feeling alone and isolated. Joanne was dealing with what was happening to me, and also keeping our children safe, all while dealing with COVID herself. She is truly remarkable."



The stress and uncertainty of the situation were unbearable for his young family. Still, with support from the QCH nursing team, they were able to stay connected to him while he clung to life. They arranged virtual visits for Joanne and the couple's three children (Seren (12), Tyryk (3) and Viam (1)), giving them a chance to talk with him with the hopes that the conversations would give him the strength to recover.

The 47-year-old was on life support for seven days, slipping in and out of consciousness before his condition improved enough for doctors to feel optimistic about his recovery—and move him out of the Intensive Care Unit to the general recovery and medicine wing on May 11th.

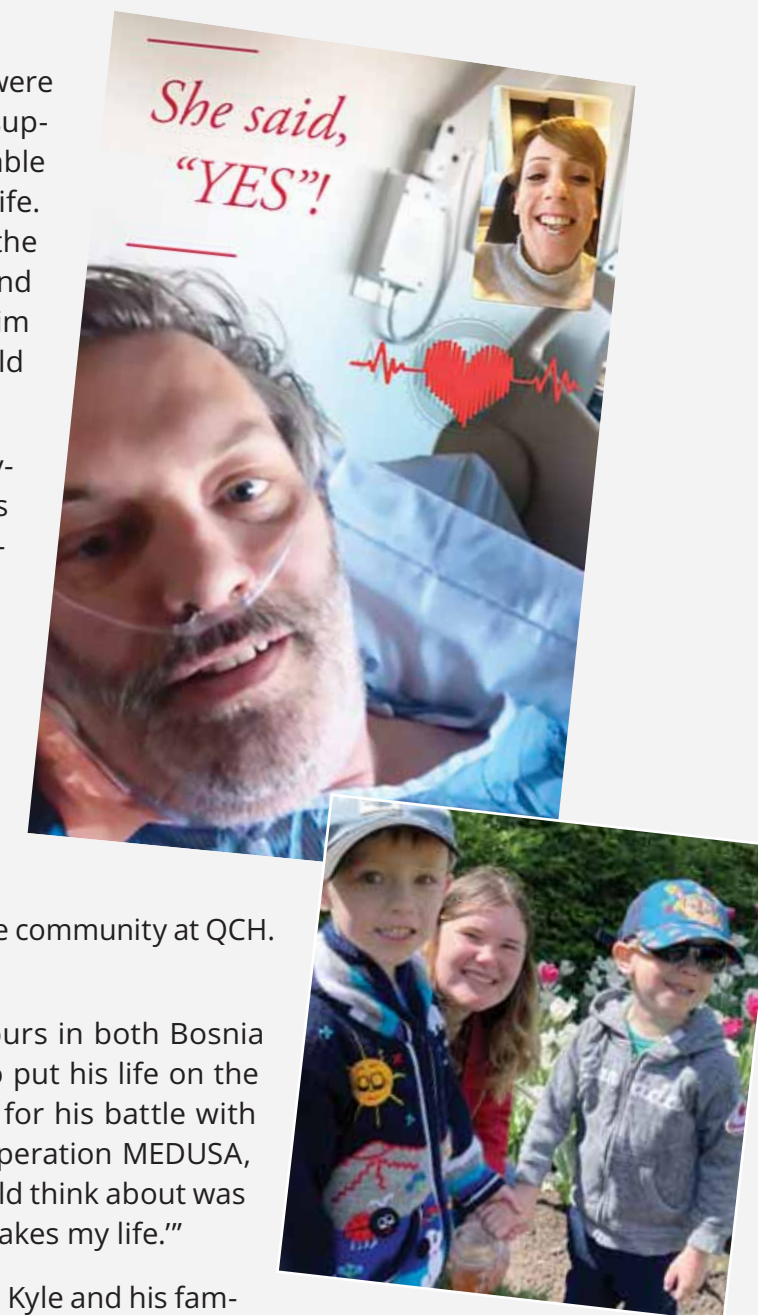
"I wouldn't be here today if it weren't for Joanne and the wonderful team of doctors and nurses that cared for me and my family," explains Kyle. "I am one of the lucky ones to have been served by the amazing healthcare community at QCH. QCH saved my life."

As a retired military veteran who served tours in both Bosnia and Afghanistan, Kyle knows what it's like to put his life on the line. Still, nothing could have prepared him for his battle with COVID-19. "I served in Afghanistan during Operation MEDUSA, and as I was lying in hospital last year all I could think about was that it was going to be this COVID virus that takes my life."

One year out from his COVID-19 health scare, Kyle and his family are looking forward to welcoming a baby girl to their family in June and their August wedding ceremony (he proposed shortly after waking up from his coma).

While it was a difficult journey, Kyle is forever grateful to those who saved his life and the fact that he had access to a ventilator when he needed it. These critical medical devices are funded solely through donations to QCH Foundation.

"It wasn't until after the fact, when I was in recovery, that I realized the full impact of what happened to me," he admits. My family and I thank everyone at QCH for all they have done and continue to do."



Kyle proposes to Joanne while in hospital at QCH (top).

Kyle's children: Tyryk, Seren and Viam.

FUNDING INNOVATION: THE ART OF FUNDRAISING

Custom sports and music memorabilia, as well as beautiful works of art are some of the items on display, and up for auction through the Funding Innovation Art Easel Program in support of Queensway Carleton Hospital Foundation.

Funding Innovation has partnered with QCH Foundation since 2015 and to date more than \$70,000 has been raised for the hospital's top priorities.

"We are so fortunate to have such a giving community," explains Shannon Gorman, President and CEO, QCH Foundation." This is a really creative way for donors to



support the hospital and have a reminder of the exceptional care they received and the knowledge that they have helped to advance local healthcare."

In 2021, more than \$12,000 was raised for QCH Foundation through the sale of the art pieces. Some of the top selling pieces include an image of Superheroes on a Skyscraper and Pink Floyd in concert at Radio City Music Hall.

"The winning bidders take home a gorgeous work of art, beautifully framed and ready to hang," explains Phil Baker, Funding Innovation Fundraising Consultant. "Our partners and winners get the satisfaction of knowing they are raising funds to help the Queensway Carleton Hospital better serve the healthcare needs of our west-end community."



HOW THE PROGRAM WORKS:

The easels are set up in the hospital and at participating businesses in the community with a feature artwork piece up for auction. At the end of each two-week auction, the bids are collected and processed, and a new piece of artwork is put on display and the next auction begins. Successful bidders are contacted by Funding Innovation to complete their sale and arrange delivery.

If you are interested in having a QCH Foundation art easel set up in your business, please contact the Foundation office at qchfound@qch.on.ca or by phone at 613-721-4731.

Funding Innovation Fundraising Consultant, Phil Baker, drops off a cheque representing proceeds from the 2021 art auctions in support of QCH.



CHAMPION OF CARE PROGRAM

Champion of Care are QCH staff who are recognized by patients, their families or fellow colleagues for the exceptional care they, or a loved one, received at QCH.

Through 2021, thousands of dollars in donations and hundreds of heartfelt Champion of Care messages of gratitude were received by QCH Foundation in honour of QCH team members.

To learn more about QCH Foundation's Champion of Care program and how you can honour a QCH Unit or team member with this special recognition, please visit qchfoundation.ca/champion or contact qchfound@qch.on.ca or 613-721-4731.

2021 CHAMPION OF CARE PROGRAM

| | | |
|---|-----------------------------------|--------------------------------------|
| 218 | 167 | \$38,432 |
| INDIVIDUALS, TEAMS AND DEPARTMENTS HONOURED | CHAMPIONS OF CARE DONATIONS | IN CHAMPIONS OF CARE DONATIONS |

WELCOMING Baby Jack TO THE QCH FAMILY



Family Grateful for the Exceptional Care they Experienced

Stacey Hull and her husband Aaron Quinn already had a lot on their plate when they learned they were going to become parents much sooner than they'd expected.

They were preparing to move to their new home, just days before Christmas, when Stacey was told she needed to be induced immediately at Queensway Carleton Hospital (QCH). She had developed preeclampsia, a serious blood pressure condition and one of the most common complications to occur during pregnancy.

"I definitely felt kind of scared and a little unprepared; I didn't know what to expect," says Stacey of her risky situation. "But, I was in such good hands. The nurses and obstetricians were amazing. They did a really great job of explaining what was happening."



Stacey was admitted into QCH on December 14, 2021, one day before she and Aaron were supposed to move out of their Kanata residence and into their brand-new home in Carleton Place. Their baby's original due date had been in January.

"We expected, as everyone does, a normal delivery — to be out in a day or two and everything would be fine — but that wasn't the case."

While the delivery did go smoothly, resulting in the safe arrival of their small but healthy baby boy Jack on December 17, of great concern to Dr. Nadine Doris was Stacey's blood pressure; it had climbed even higher after the delivery. The new mom required further medical attention right away.

Stacey was rushed up to the Intensive Care Unit (ICU), where she was intravenously administered a combination of medications to address her blood pressure. She was also hooked up to a heart monitor. Nurses kept an eye on her blood pressure through a special device called a blood pressure cuff, that automatically took her readings at specified times.

"Just being on that cuff and having my pressure taken every single hour was really reassuring," says Stacey. "I could see it going down, I could see that I was slowly getting better. I think it made a really big difference."

One of the core priorities for the QCH Foundation is to provide funding to the hospital to replace and upgrade equipment with the latest and best medical tools and technology essential for providing the highest standard of healthcare to the community.

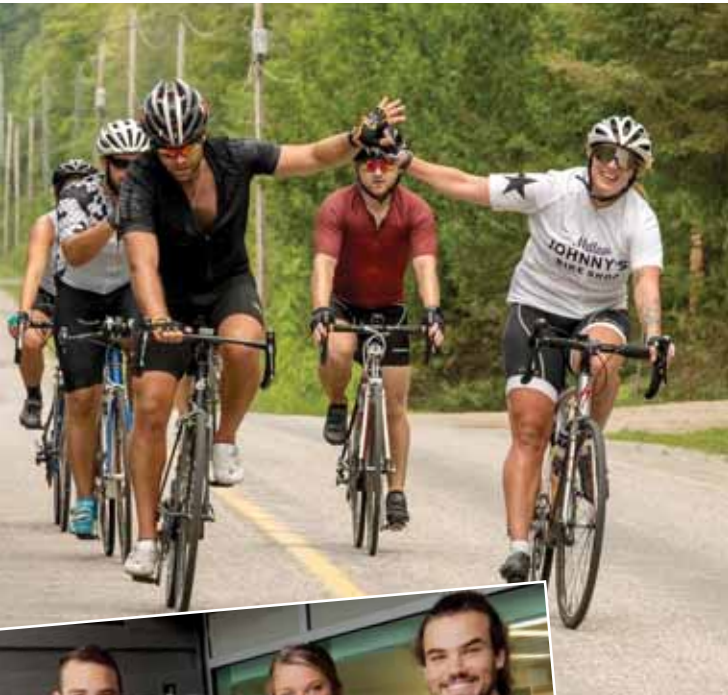
Donors' investment in advanced medical technology helps QCH increase efficiency and help support expanded programs and services, reduce wait times, improve patient comfort and safety, attract the best and brightest medical talent and — in the case of Stacey — shorten hospital stays and improve patient outcomes.

Stacey says she never knew how important the technology was until she desperately needed it. "I'm so grateful for the amazing nurses and obstetricians, and to also have access to that life-changing equipment."



Baby Jack exploring the great outdoors with mom (Stacey Hull) and dad (Aaron Quinn).

BELLEFEUILLE FAMILY RAISES FUNDS FOR MENTAL HEALTH UNIT AT QCH



Participating in the 2021 Bike Ride for Mental Health (top) and Shannon Bellefeuille together with her mom Mary and brothers Patrick (left) and Joseph (right).

David Bellefeuille was a loving husband, brother, father, uncle, friend, and active community member. Like many loved ones around us, David struggled with mental illness until it tragically took his life in 2018.

"He had a depression we didn't understand," explains Shannon Bellefeuille. "We want to be open about dad's situation – knowing how many people are struggling with mental health issues it's important that we keep the conversation going."

Mary, David's wife, is proud of her children, Shannon, Patrick, and Joseph, who advocate for mental health. While visiting their father in hospital, the Bellefeuille family saw firsthand the Mental Health unit at QCH needed some updating – and they made a commitment to create a legacy for their beloved dad by raising much-needed funds for renovations to the facility.

As part of the healing process, they hosted a long-distance bike ride in David's honour on what would have been his birthday – and very quickly there was an outpouring of support from family and friends who joined the ride and also made a donation to the cause.

In just two years the Bike Ride for Mental Health raised more than \$63,000 for Queensway Carleton Hospital Foundation, and the family is grateful to have those funds directed towards helping those who are struggling with mental health.

ing those who are struggling with mental health.

"Dad's love of cycling evolved from a spin class we went to together," recalls Shannon. "It wasn't long before he had all of the gear and was doing long road trips. Cycling was what helped him get through the difficult times. It was his therapy."

As part of the renovation of the Mental Health unit, there will be open and bright areas inside the building – and more outdoor space for families to visit and be close to nature, something Shannon knows her dad would have loved.

"There is such a big connection between nature and healing. I am so glad we live in a community that puts an emphasis on mental health and wellness – and that those in need have somewhere to go to get the care they need."



MENTAL HEALTH UNIT: CONSTRUCTION UPDATE

Inpatient unit set to open Fall 2022

Construction is underway on the new Mental Health unit, and we are one step closer to opening the doors to this important facility, which is doubling in size. The new inpatient unit will be the first space to be open to patients — in Fall 2022 — with the rest of the project expected to be completed in 2023.

Just over a year ago, QCH received approval from the Ministry of Health and \$9 million in funding to begin the expansion and rebuild of the space, and today it is taking shape. Along with government funding, this important project was made possible through the generosity of our QCH Foundation donors, who collectively raised an additional \$6 million through the Hopes Rising Campaign.

When complete, there will be additional inpatient beds and expanded space for outpatient mental health services. This incredibly important project for our community will give local residents increased access to mental health services when they need it most.

In 2021 there was a 54% increase in the number of individuals admitted to hospital for Medical Inpatient support over the previous year. Overall, there was a 12% increase in the number of patients seeking care for mental health concerns.



WITH OUR DEEPEST GRATITUDE



COMMUNITY RALLIES BEHIND QCH'S GIVING TUESDAY CAMPAIGN

\$59,750 Raised Through Online Giving

It was QCH Foundation's most successful GivingTuesday Campaign ever! On November 30th, 2021 – hundreds of local residents opened their hearts and their wallets and made a donation to QCH Foundation to help purchase critical life-saving medical devices for the hospital.

By the end of the day close to \$60,000 was raised through online donations, with those funds being directed towards the purchase of 10 electronic vital signs monitors for the QCH Emergency Department. And, thanks to the generosity of our QCH physicians and an anonymous donor, that number grows to more than \$114,000 through matching donations. Amazing!

**Save the Date! GivingTuesday
– November 29, 2022**



QCH FOUNDATION WELLNESS LOUNGE OPENS AT HUB350

QCH and Foundation is the official Health and Wellness Partners of Kanata North Business Association, Canada's largest technology park. Through this partnership, the hospital will extend its work beyond the current walls of the QCH campus, connecting with the more than 500+ companies that operate in Kanata North.

QCH will provide hospital expertise in a community-based setting on-site at the QCH Wellness Lounge, located at Hub350, a newly opened collaboration space at the former Mitel building. KNBA companies have access to regular forums, education sessions and health and wellness resources — prioritizing much-needed mental and physical health education for employees and their families within the technology park.

Along with the QCH Foundation Wellness Lounge, the Kanata North Business Associ-

ation is also making an important \$350,000 financial investment towards the QCH Foundation.

Dr. Ruchi Murthy, Infectious Disease Physician, QCH takes part in the QCH GivingTuesday Campaign.

The Kanata North Business Association announce a \$350,000 pledge to QCH at the opening of Hub 350. Attended by Sir Terry Matthews, Wesley Clover International chairman, Shannon Gorman, President and CEO QCH Foundation, Jamie Petten, KNBA Executive Director, and Ronald Richardson, Corporate Director, Calian Group Ltd.



FOR YOUR UNWAVERING SUPPORT ...



Aloha! Members of team QCH take part in staff appreciation events.

BMO PRIVATE WEALTH ESTABLISHES A FRONT-LINE FUND IN SUPPORT OF QCH TEAM MEMBERS

The QCH healthcare heroes working on the frontlines to keep our community safe through pandemic got a special surprise from the team at BMO Private Wealth, as they contributed to some fun enhancements to a two-week long staff appreciation celebration thanks to the Frontline Fund set up through QCH Foundation.

With travel to warm and sunny destinations on the back-burner in 2021, the sights and sounds of the islands were brought to life at QCH. In an effort to promote the importance of overall mental health and well-being, staff were treated to a much-needed break from the day-to-day by way of a Hawaiian-themed staycation.



Michael Castledine, Senior Investment Advisor, Senior Wealth Advisor, BMO Nesbitt Burns pictured with David Cimpello, Senior Wealth Advisor, BMO Nesbitt Burns and Shannon Gorman, QCH Foundation President and CEO.

Thank you to BMO Private Wealth for investing in the health and wellness of our QCH Frontline team.

WOMEN IN PHILANTHROPY INVEST IN VITAL EQUIPMENT

Our generous and dedicated Women in Philanthropy members collectively contributed \$54,520 in 2021 for the purchase of seven (7) Electronic Vital Signs Monitors for the Emergency Department at QCH. This essential equipment monitors and records blood pressure, pulse, temperature and oxygen levels, with the information directly uploaded to the patient's medical chart so the healthcare team can access and review the results in real-time.



Brian Smith, Clinical Director, Emergency and Critical Care; alongside Fiona Slater RN, Clinical Nurse Manager, Emergency Department; Shannon Gorman, QCH Foundation President and CEO and Nadine Fowler, QCH Foundation Vice President Philanthropy.

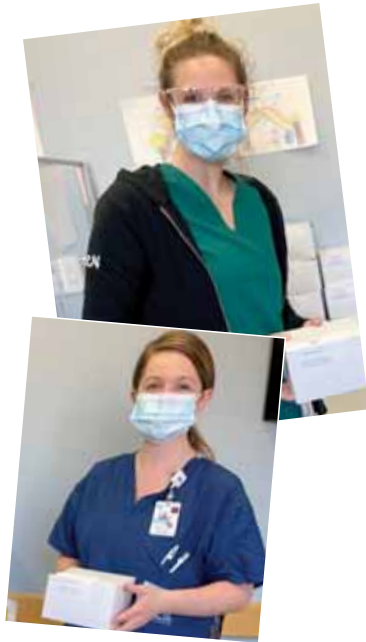
WITH OUR DEEPEST GRATITUDE



GOODFOOD DELIVERED TO THE FRONTLINES

Through a partnership between Good Food Deliveries Canada and CIBC, QCH Foundation was the proud recipient of 600 meal kits for our QCH team in early spring 2021, just after the Delta wave began to subside.

CIBC and Good Food committed to delivering 100,000 meal kits to frontline healthcare staff in the hardest hit regions of Canada during the pandemic. QCH was one of the hospitals chosen to receive this generous donation.



FEED A FRONTLINE HERO CAMPAIGN

Mike and Bianca, owners of Take Another Bite in Manotick, began their "Feed a Frontline Hero" campaign in 2020 to honour QCH Nurses for their dedication to our community during the difficult periods of the pandemic.

Particularly to celebrate National Nursing Week, Mike and Bianca asked our community members to purchase a lunch box to treat our QCH team members with \$2.00 from the sale of each lunch box donated to QCH Foundation.

The response from our community was incredible – 1,594 lunch boxes were purchased for our hospital team members and \$3,188 was raised to help fund life-saving equipment for QCH.



BOTTLE DRIVE NETS BIG RETURNS FOR LOCAL HEALTHCARE

Thanks to the generosity of eight west Ottawa The Beer Stores and our amazing community, QCH Foundation received a generous donation of \$4,582 in support of our hospital through a bottle drive held over the course of Summer 2021. The funds helped purchase urgently-needed medical equipment and technology to help save lives at QCH.

"Our employees are passionate about supporting their community and are advocates for doing good will. The Beer Store is proud to be involved and an ally in the communities we reside in. We believe if you're going to be a part of a community then you need to be actively engaged and give back to it. We are proud to support Queensway Carleton Hospital, a staple in our local community." – Courtney Godfrey, The Beer Store



FOR YOUR UNWAVERING SUPPORT ...



MOTHER-DAUGHTER DUO, and Sun Life Financial business partners, Sonia and Sarah Del Rosario say that QCH, their local hospital, has been there for their family more times than they can count. And when Sonia was recently inducted into the Sun Life Financial Hall of Fame and awarded a \$5,000 grant for her charity of choice, she made the decision to donate the funds to QCH Foundation.

Charitable giving is incredibly important to Sonia and her family, and she is hoping that her generous donation to QCH Foundation will inspire her grandchildren, the next generation of philanthropists. "I encourage my grandchildren to be with me during those moments to show them the importance of helping our community," explains Sonia. "If we can provide the resources to make our community better, we have to be the leaders in that."



JULIA, an 11-year-old entrepreneur and philanthropist, was determined to give back to QCH after being inspired by her parents' own generosity.

During the early days of the pandemic while she was at home, she thought to herself, "how could I make a difference?" Making handmade bracelets was a hobby of hers, but she then turned it into a fundraising initiative that raised an amazing \$2,611 for our hospital and our QCH team: "They are just extremely awesome for helping all those people and I am super proud of them, and they deserve everything for helping everyone," says Julia.

Thank you Julia!



GoodFood delivers packages in support of our healthcare heroes.

Members of team QCH receive lunch boxes donated through Take Another Bite.

Courtney Godfrey, Manager of the Kanata Beer Store with her team. (opposite page, left to right)

Shannon Gorman, QCH Foundation President and CEO pictured with Dr. Andrew Falconer, QCH President and CEO and Sonia del Rosario of Del Rosario Financial. (this page, left)



JOIN THE CONVERSATION

KEEP UP-TO-DATE ON QCH AND FOUNDATION NEWS!

 www.qchfoundation.ca/e-news.

Email: qchfound@qch.on.ca

Phone: 613-721-4731

Address: 3045 Baseline Rd., Ottawa, ON - K2H 8P4


Charitable Registration # 13725 3571 RR0001

BE SURE TO JOIN US ON SOCIAL MEDIA:

 <https://www.facebook.com/QueenswayCarletonHospitalFoundation/>

 <https://twitter.com/QCHottawa>

 <http://instagram.com/qch.ottawa>

 <http://linkedin.com/company/queensway-carleton-hospital>



qchfoundation.ca